



## Upper Endoscopy – EGD

An upper endoscopy/EGD is a procedure in which a thin, flexible tube/scope with a light and camera at its tip is used to examine the lining of the esophagus, stomach, and duodenum (beginning of the small intestine) for abnormalities.

### ONE WEEK BEFORE your procedure:

#### Those on Diabetic Meds:

- Discuss with your diabetes physician the clear liquid diet required and see if you need to adjust your insulin.
- If you are taking canagliflozin (Inovokana), dapagliflozin (Farxiga), or empagliflozin (Jardiance), **HOLD for 3 days prior to procedure.**
- If you are taking ertugliflozin (Steglatro), **HOLD for 4 days prior to procedure.**

#### Those on Blood Thinners:

- Warfarin (Coumadin), Heparin, Plavix, and Pradaxa, must be stopped 5 days prior to procedure. Eliquis, and Xarelto must be stopped 2 days prior. Lovenox must be stopped 24 hours prior. **Check with your prescribing physician that it is safe for you to do so.**

### The DAY BEFORE your procedure:

- You may eat SOLID foods up until midnight
- CLEAR liquids ONLY after midnight and up until 3 hours before your procedure (ALLOWED clear liquids are water, bouillon, broth, black coffee, popsicles, sports drinks and soft drinks).
- Do NOT consume anything red or purple in color, any dairy products, or any alcoholic beverages.

### The DAY OF your procedure:

- STOP all clear liquids 3 hours before your procedure.
- Take all routine blood pressure, heart, and seizure medications with a small sip of water.
- A RESPONSIBLE ADULT (18 years or older) MUST accompany you and remain with you to DRIVE YOU HOME from your procedure due to sedation effects.



Your procedure is scheduled with Dr. \_\_\_\_\_

On \_\_\_\_\_ at \_\_\_\_\_

Please arrive one (1) hour prior to your procedure at \_\_\_\_\_

(2) hours prior if procedure is at Hospital \_\_\_\_\_

When you arrive for your procedure, you will be asked to show a government-issued driver's license, passport, or identification card. Your procedure will be **CANCELLED** if you do not have your ID with you.

**REMINDER:** You must **SELF-ISOLATE** and not travel between COVID testing and scheduled procedure if COVID testing is required.

Report to Emory Clinic Endoscopy Center located at:

\_\_\_\_\_ 1365 Clifton Road, Building B, 1<sup>st</sup> floor, Atlanta, GA 30322

\_\_\_\_\_ 4555 North Shallowford Road, Dunwoody, GA 30338

\_\_\_\_\_ 2665 North Decatur Road, Suite 740, Decatur, GA 30033

\_\_\_\_\_ Emory University Hospital, 1364 Clifton Road, 3<sup>rd</sup> floor (AB elevators),  
Atlanta, GA 30322

\_\_\_\_\_ Emory St. Joseph's Hospital, 5665 Peachtree Dunwoody Rd., 1<sup>st</sup> floor, Admissions desk,  
Dunwoody, GA 30342

\_\_\_\_\_ Emory Johns Creek Hospital, 6325 Hospital Pkwy, 1<sup>st</sup> floor, Johns Creek, GA 30097

\_\_\_\_\_ Emory Decatur Hospital, 2701 N. Decatur Rd, ground floor, Decatur, GA 30033

\_\_\_\_\_ Spivey Station Surgery Center, 7813 Spivey Station Blvd, #100, Jonesboro, GA 30236

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If you need to reschedule or cancel your appointment, please call at **least 2 business days** in advance to avoid a **\$100.00** charge. Call 404-778-3184 with any schedule changes

(6/14/22)